



FLORENCE



PACKING LIST

Program Materials

- Session 1: Order your required journal here under "Workshops" when available.
- Session 2: Order your required journal here under "Workshops" when available.
- Pens, notebook
- Strengths results (from assessment)

Clothing

- T-shirts are fine for class and service but most people abroad do not wear t-shirts
- About 4 days of activewear for when you are at service and doing outdoor activities (clothes during service should be conservative - no short shorts or tight clothing)
- 2-3 bathingsuits & cover-ups (for the Amalfi add-on)
- Light jacket or sweater (it can get chilly at night)
- Clothes that you would wear at home when hanging out with friends (check out our Instagram for ideas on what previous students wore); students are often disappointed when they only bring really casual clothes
- Underwear & socks
- Pjs
- Comfortable sandals for walking
- Wedges (high heels are not recommended because of cobblestone streets)
- Tennis shoes (really important for outdoor activities & service)

Personal Items

- Debit card & credit card
- Medications (make sure you have enough for the duration of the trip in the original prescription bottles)
- Personal first aid kit (LeadAbroad will not distribute medications to students)
- Contacts and/or glasses
- Adaptors/converters
- Suitcase lock
- Purse (bringing one that zips closed so it is secure)
- Water bottle

Important Documents

- Passport & make two paper copies; leave one at home & bring one with you
- Printed copy of your flight itineraries (in rare situations they want this when going through immigration)
- Contact information for your program director and address to the hotel (in case your luggage is lost and you need it to be delivered)

Electronics Personal List

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Toiletries

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Other Important Things

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Staff Tips

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